

Curriculum Vitae

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PERSONAL STATEMENT

I am a relational-centred, existential Integrative Psychotherapist and Supervisor (UKCP registered) in private practice based in York, UK, previously having worked in the mental health field as an occupational therapist since 1977 (currently not registered). In my academic work, I teach psychology and counselling at the Open University (UK). I also teach/mentor psychotherapy students and supervise Masters'/Doctoral research in institutions in the UK and across Europe.

My research interests include the application of relational-reflexive, existential, hermeneutic phenomenological approaches to exploring the lived experience of disability and trauma. I have published widely, being best known for my textbooks on psychotherapy, psychosocial occupational therapy, and also qualitative research. My five most recent books are psychotherapeutically focused: *Therapy tales: Exploring relational process in practice* (PCCS Books); *Relational counselling and psychotherapy* (Sage); *The therapeutic use of self in counselling & psychotherapy* (Sage); *Relational Integrative Psychotherapy: Engaging process and theory in practice* (Wiley); and *Practical Ethics: A relational approach* (Sage).

QUALIFICATIONS:

2014	Diploma in Psychotherapy and Counselling Supervision (awarded by the European Centre for Psychotherapeutic Studies)
2008-2011	Integrative Psychotherapist (UKCP registered) – Post-Graduate Diploma, Scarborough Counselling & Psychotherapy Training Institute, UK
1994-1999	PhD - The Open University, Milton Keynes, UK
1984-1989	BA(Hons), First Class (Psychology)- The Open University, Milton Keynes, UK
1975-1977	DipCOT (currently not-registered) - Diploma of the College of Occupational Therapists, Botley's Park School of Occupational Therapy, Surrey, UK

ACADEMIC EXPERIENCE :

2022-current	Associate Lecturer , The Open University (DD310 Counselling and Forensic Psychology).
2019-2024	Editor , <i>The European Journal for Qualitative Research in Psychotherapy</i> .
2016-2022	Associate Lecturer , The Open University (D241 Exploring Mental Health and Counselling).
2016- 2019	Associate Lecturer , The Open University (DE300 Investigating Psychology).
2017	Visiting Professor , Masters in Psychotherapy, Gestalt Psychotherapy Institute, Belgrade, Serbia
2016	Visiting Professor , Masters in Psychotherapy, Gestalt Psychotherapy Training

Institute Malta.

- 2014-2019 **Co-ordinator** of the Research Ethics Panel for DE300 'Investigating Psychology' OU course.
- 2012-2019 **Doctoral Supervisor**, New School of Psychotherapy and Counselling, London.
- 2013-2016 **Doctoral Supervisor**, Metanoia Institute, London.
- 2013-2016 **Doctoral Supervisor**, Regent's College, London.
- 2012-2015 **Doctoral Supervisor**, Counselling Psychology Programme, City University, London
- 2012 **Visiting Professor**, Masters in Psychotherapy. Faculty of Law & Business Studies, Novi Sad, Serbia.
- 2012 **Visiting Professor**, PhD Psychology Course, Duquesne University, Pittsburgh, USA. (Delivering a mini-course on 'Mapping Phenomenological approaches')
- 2010-2014 **Trainer**, Scarborough Psychotherapy Training Institute, UK.
(Responsibility for teaching Research Methods and marking projects for the post-graduate Integrative Psychotherapy, Gestalt and Relational Psychotherapeutic Counselling courses.)
- 2009-2014 **Trainer**, Manchester Institute for Psychotherapy, Manchester, UK.
(Responsibility for teaching Research Methods and marking projects for the post-graduate Diploma in Transactional Analysis.)
- 2004-current **Academic Consultant**, offering Qualitative Research training, mentorship and supervision
- 2008-2016 **Associate Lecturer**, The Open University, UK. (Correspondence tuition Y032 Social Science.)
- 1998-2016 **Consultant, Author and Course Team Member**, The Open University, Faculties of: Social Science; Health and Social Care; Centre for Inclusion and Collaborative Partnerships
- 2003-2006 **MSc Supervisor and Examiner**, University of East London, School of Health and Bio-science
- 2004 **Visiting Professor**, PhD Psychology Course, Duquesne University, Pittsburgh, USA. (Delivering a Summer School course on 'Reflexivity')
- 1996-2003 **Associate Lecturer**, The Open University D317 Social Psychology
- 1990-1999 **Tutor-Counsellor**, The Open University, D103 Foundation Course in Social Science
- 1991-1995 **Occupational Therapy Consultant and Freelance Lecturing**
(for a range of different Universities, Trusts and Health Authorities in the UK)
- 1982-1989 **Lecturer II**, University College of Ripon and York St John (teaching psychology; applied OT)

CLINICAL EXPERIENCE :

- 2009-current **Integrative Psychotherapist** (UKCP registered) and **Supervisor**, York, North Yorkshire, UK.
- 1989-1991 **Head Occupational Therapist**, St James's University Hospital, Leeds (General Psychiatry)
- 1980-1982 **Senior Occupational Therapist**, Child and Family Psychiatry Unit, Maudsley Hospital, London
- 1979-1980 **Basic Grade Occupational Therapist**, Maudsley Hospital, London
- 1978-1979 **Social Therapist**, Henderson Therapeutic Community Hospital, Surrey

EXAMINATION EXPERIENCE :

Post-graduate External Examining experience

- 2023 Professional Doctorate, *University of the West of England*, Bristol.
- 2021 EdD, University of Cambridge, Cambridge
- 2015 PhD in Counselling, University of Edinburgh, Edinburgh
- 2013 PsychD, University of Brighton, Brighton
- 2013 DPsych Regents College, London
- 2012 PhD Bournemouth University, Bournemouth
- 2012 DPsych, Roehampton University, Surrey
- 2012 DPsych, Roehampton University, Surrey
- 2011 DPsych, City University, London
- 2011 Phd, Brunel University, London
- 2011 Phd, Regent's College, London
- 2011 Counselling Psychology Doctorate, Regent's College, London
- 2010 Phd, Rhodes University, South Africa
- 2010 Counselling Psychology Doctorate, Regent's College, London
- 2010 Phd, St Johns' University, York.
- 2010 Counselling Psychology Doctorate, Regent's College, London.
- 2009 D.Psych at Metanoia Institute, London
- 2009 PhD Southampton University, Southampton
- 2009 D.Psych at Metanoia Institute, London
- 2008 PhD Glasgow Caledonian University, Glasgow
- 2008 PhD Växjö University, Sweden
- 2007 PhD Liverpool John Moore University, Liverpool
- 2007 PhD Bournemouth University, Bournemouth
- 2007 PhD University of Brighton, Brighton
- 2006 PhD Liverpool John Moore's University, Liverpool
- 2005 PhD School of Psychotherapy and Counselling, Regent's College, London
- 2005 Masters of Health Science at Auckland University of Technology, NZ
- 2004 PhD University of Cape Town, SA
- 2003 PhD the Open University
- 2002 PhD University of Liverpool
- 2001 PhD The University of Sheffield
- 2001 MPhil University of Derby
- 1999 PhD University of Ulster

Paid Faculty positions on Doctoral Dissertation Committees (with roles of supervision and examination)

2012-2108 Supervisor/Consultant, New School of Psychotherapy and Counselling, London
 2012-2014 Supervisor, Counselling Psychology Programme, City University, London
 2012-2014 Graduate College of Mind-Body Medicine, Saybrook University, CA, USA
 2012-2014 Specialized Research Faculty, Institute of Transpersonal Psychology, CA, USA
 2011-2016 Supervisor/External Consultant for Metanoia Institute, London
 2010-2017 Supervisor/External Consultant for Huddersfield University, Huddersfield
 2009 Santa Barbara Graduate Institute, CA, USA.
 2003-2006 Internal Examiner for the MSc programme, Health and Bioscience, University of East London, London

Undergraduate Examination Boards

2008-2014 Examiner/Monitor - Psychology, Centre for Inclusion and Collaborative Partnerships, The Open University
 1996-2006 Exam Board member - Social Psychology, The Open University
 2001-2003 External Examiner - Leeds Metropolitan University

1996-2000 External Examiner - Robert Gordon University, Aberdeen
1995-1999 External Examiner - University of Ulster, Ulster
1993-1997 External Examiner - University of Southampton, Southampton
1991-1995 External Examiner - University of Wales, Cardiff
1990-1995 External Examiner - University of Salford, Salford
1979-1984 National Examiner for the College of Occupational Therapists

EDITORIAL BOARDS

2018-2024 Editor, *European Journal for Qualitative Research in Psychotherapy*

2009-current *The European Journal for Qualitative Research in Psychotherapy*

2010-current *The Humanistic Psychologist*

2003-current *Qualitative Research in Psychology*

Past involvements:

2016 Guest Editor of *Qualitative Psychology* – Special Issue on Reflexivity.

2010-2018 *British Journal for Psychotherapy Integration*

2014-2018 *Affiliate member of QuAFE (Qualitative Approaches to Feelings and Emotions)*

2005-2015 *The International Journal of Qualitative Studies on Health and Well-being*

1998-2003 *Groupwork: an interdisciplinary journal for working with groups*

1996-1999 *British Journal of Occupational Therapy*

2005-2025 *The Indo-Pacific Journal of Phenomenology*

2011-2025 *Journal of Phenomenological Psychology*

VALIDATION, CONSULTANCY AND ADVISORY BOARDS

2022-2025 Ethics Consultant and Chair of Ethics Committee; International Integrative Psychotherapy Association.

2011 External Examiner and Consultant on Validation Panel for BSc (Hons) Psych, SEGi, Malaysia.

2006-2020 Associate Director, Board of Directors, Scarborough Psychotherapy Training Institute

1997-2002 National Assessor for Occupational Therapy Registration, The Council for Professions Supplementary to Medicine (CPSM)

1993-1994 Consultant for BSc(Hons) Occupational Therapy, University of Liverpool

1993-1993 Degree Course Consultant, Crawley College, Sussex

1991-1992 Joint Advisory Board Member for Nene College, Northampton

1990-1993 Member of the Joint Validation Committee, College of Occupational Therapists and CPSM

MEMBERSHIP OF PROFESSIONAL BODIES

2011-current Member of the United Kingdom Council for Psychotherapy (UKCP)

2009-current Member of Scarborough Counselling and Psychotherapy Training Institute

2000-current Graduate Member of the British Psychological Society

2010-2017 Member of UKAPI – United Kingdom Association for Psychotherapy Integration

1989-1992 Member of the Paget's Society for scholars and writers in allied health professions

1987-1992 Founder Member/Chair: Special Interest Group in A Model of Human Occupation

1989-1992 Regional Education Co-ordinator, Yorkshire Regional Executive Committee, COT

1987-1995 Alternate Member, Council of Professions Supplementary to Medicine (OT Board)

1977-1999 Member of the British Association of Occupational Therapists

PUBLICATIONS AND RESEARCH

Textbooks

- Finlay, L. (2026). *Therapy Tales: Exploring relational process in practice*. PCCS Books.
- Finlay, L. (2025). *Relational counselling and psychotherapy*. Sage.
- Finlay, L. (2022). *Therapeutic use of self in counselling & psychotherapy*. Sage.
- Finlay, L. (2019). *Practical ethics in counselling and psychotherapy: A relational approach*. Sage.
- Finlay, L. (2016). *Relational integrative psychotherapy: Process and theory in practice*. Wiley.
- Finlay, L. (2011). *Phenomenology for psychotherapists: Researching the lived world*. Wiley-Blackwell.
- Finlay, L. & Evans, K. (Eds.). (2009). *Relational-centred research for psychotherapists: Exploring meanings and experience*. Wiley-Blackwell.
- Spours, P., Finlay, L., & Dyer, E. (2007). *Starting with psychology*. The Open University.
- Finlay, L., & Ballinger, C. (Eds.). (2006). *Qualitative research for health professionals: Challenging choices*. John Wiley Publishers.
- Finlay, L., Pearson, C., & Ram, S. (2005). *Understanding health*. The Open University.
- Finlay, L. (2004). *The practice of psychosocial occupational therapy 3rd edition*. Nelson Thornes.
- Finlay, L., & Gough, B. (Eds.). (2003). *Reflexivity: A practical guide for researchers in health and social science*. Blackwell Publishing.
- Davies, C., Finlay, L., & Bullman, A. (Eds.). (2000). *Changing practice in health and social care*. Sage.
- Finlay, L. (1997). *The practice of psycho-social occupational therapy 2nd edition*. Nelson Thornes.
- Finlay, L. (1993). *Groupwork in occupational therapy*. Chapman and Hall.
- Finlay, L. (1988). *Occupational therapy practice in psychiatry*. Croom Helm.

Chapters

- Finlay, L. (Forthcoming). Phenomenology. In B. A. Bell, A. D. Anders, M. E. Yingling, A. L. Sjogren (Eds.), *Handbook of Research Methods and Methodologies for the Social Sciences*. Routledge.
- Finlay, L. (Forthcoming). Practicing reflexivity. In A. L. Nichols & J. E. Edlund (Eds.). *Cambridge Handbook of Research Methods and Statistics for the Social and Behavioral Sciences: Volume Three*. Cambridge University Press.
- Finlay, L. and Charura, D. (2026). Refugees' experience of loneliness as disrupting 'Be-ing-Becoming'. In A. Seemann, E. Hughes, J. Krueger, T. Roberts (eds.) *Loneliness in our time*. Bloomsbury.
- Finlay, L. (2025). Relational psychotherapy. In D. G. Friedman-Wheeler (Ed.). *The SAGE Encyclopedia of Mood and Anxiety Disorders*. Sage.
- Finlay, L. (2023). Reflexively exploring the "therapeutic use of self": a response to Richard Erskine's five-chapter case study of Allan. In R.G. Erskine, *Withdrawal Silence Loneliness: Psychotherapy of the schizoid process*. Bicester, Oxfordshire: Phoenix Publishing House. pp. 151-176.
- Finlay, L. (2023). Ethics in practice. In T. Hanley and L.A. Winter (Eds.), *The SAGE Handbook of Counselling and Psychotherapy*, Fifth Edition. Sage. pp. 159-164.
- Finlay, L. (2020). Ethical Research? Examining knotty, moment-to-moment challenges throughout the research process. In S. B-C, & A. McBeath (Eds.), *Enjoying Research in Counselling and Psychotherapy*. Metanoia Institute.
- Finlay, L. (2016). Probing between: Reflexive-relational approaches to human science research. In C. Fischer, L. Laubscher, & R. Brooke (Eds.), *The qualitative vision: An invitation to the human science approach* (pp. 71-90). University Press.
- Finlay, L. and Evans, K. (2016). An invitation to engage in relational-centred phenomenological research. In J. Roubal (Ed.), *Towards a research tradition in gestalt psychotherapy*. Cambridge Scholars Publishing.

- Finlay, L. (2014). Qualitative methodologies. In A. Vossler, & N. Moller (Eds.), *The counselling & psychotherapy research trainee handbook*. Sage.
- Finlay, L. (2012). Debating phenomenological research methods. In N. Friesen, T. Saevi, & C. Henriksson (Eds.), *Hermeneutic phenomenology in education: Method and practice*. Sense Publishers.
- Finlay, L. (2012). Five lenses for the reflexive interviewer. In J. Gubrium, J. Holstein, A. Marvasti, & J. Marvasti (Eds.), *Handbook of interview research*. CA: Sage Publications.
- Finlay, L. (2011). Building evidence-based practice: Qualitative approaches and triangulation. In L. Jones, & J. Douglas (Eds.), *Public health: Building innovative practice*. Sage.
- Finlay, L. (2011). Research: An existential predicament for our profession? In L. Barnett, & G. Maddison (Eds.), *Existential therapy: Legacy, vibrancy and dialogue*. London: Routledge.
- Craig, C., & Finlay, L. (2009). Groupwork in physical rehabilitation. In M. Curtin, M. Molineux, & E. Supyk (Eds.), *Occupational therapy and physical dysfunction*. Elsevier.
- Finlay, L., & Ballinger, C. (2007). The challenge of working with teams. In A. W. Fraser, & S. A. Matthews (Eds.), *The critical practitioner in social work and health care*. London: Sage.
- Finlay, L., & Langdrige, D. (2007). Embodiment. In W. Hollway, H. Lucey, & A. Phoenix (Eds.), *Social psychology Matters*. Maidenhead: Open University Press.
- Finlay, L. (2007). Qualitative research towards public health. In *Theory and research in promoting public health*. London: Sage.
- Finlay, L. (2006). Going exploring: The nature of qualitative research. In L. Finlay, & C. Ballinger (Eds.), *Qualitative research for health professionals: Challenging choices*. Chichester, Sussex: John Wiley Publishers.
- Finlay, L. (2006). Mapping methodology. In L. Finlay & C. Ballinger (Eds.), *Qualitative research for health professionals: Challenging choices*. Chichester: John Wiley Publishers.
- Finlay, L., & Steward, B. (2006). Disseminating the research: Towards making knowledge. In L. Finlay, & C. Ballinger (Eds.), *Qualitative research for health professionals: Challenging choices*. Chichester: John Wiley Publishers.
- Birch, M., Gallagher, A., & Finlay, L. (2005). Positioning the learner: How work-based, open and distance learning can develop professional competencies in pre-registration mental health nurse education. In K. Rounce, & B. Workman (Eds.), *Work-based learning in health care: Applications and innovations*. Middlesex: Kingsham.
- Finlay, L. (2003). Feeling powerless: Therapists' battle for control. In S. Barrett, et al. (Eds.), *Communication, relationships and care: A reader*, London: Routledge.
- Finlay, L. (2003). The reflexive journey: Mapping multiple routes. In L. Finlay, and B. Gough (Eds.), *Reflexivity: A practical guide for researchers in health and social science*. Oxford: Blackwell Publishing.
- Finlay, L. (2003). Through the looking glass: Inter-subjectivity and hermeneutic reflection. In L. Finlay, & B. Gough (Eds.), *Reflexivity: A practical guide for researchers in health and social science*. Oxford: Blackwell Publishing.
- Finlay, L. (2001). Groupwork. In J. Creek (Ed.), *Occupational therapy and mental health 3rd edition*. Edinburgh: Harcourt Brace Publishers.
- Finlay, L. (2000). When actions speak louder: Groupwork in occupational therapy. In O. Manor (Ed.), *Ripples: Applying groupwork in different settings*. London: Whiting and Birch.
- Finlay, L. (2000). The challenge of professionalism. In C. Davies, A. Brechin, & M. Eby (Eds.), *Critical practice in health and social care*. London: Sage.
- Finlay, L. (2000). The challenge of teamwork. In C. Davies, A. Brechin, & M. Eby (Eds.), *Critical practice in health and social care*. London: Sage.
- Finlay, L. (2000). Safe haven and battleground: Collaboration and conflict within the team. In C. Davies, A. Brechin, & M. Eby (Eds.), *Changing practice in health and social care*. London: Sage.
- Finlay, L. (1997). Groupwork. In J. Creek (Ed.), *Occupational therapy and mental health 2nd edition*. New York: Churchill Livingstone.

Journal articles

- Finlay, L. (2024). Qualitative research: The “good,” the “bad,” the “ugly”, *European Journal for Qualitative Research in Psychotherapy*, 14. <https://openjournals.ljmu.ac.uk/ejqr/article/view/3104>
- Finlay, L. (2023). The qualitative evidence-base of relationally-orientated therapy: A critical celebration. *European Journal for Qualitative Research in Psychotherapy*, 13, pp. 48-62
- McBeath, A., Bager-Charleson, S. and Finlay, L. (2023) Views about mixed methods research from counselling and psychotherapy research students and supervisors. *European Journal for Qualitative Research in Psychotherapy*, 13, pp. 33-47.
- Finlay, L. (2023). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 13, pp. i-iii. Retrieved from <http://ejqr.org/>
- Finlay, L. (2022). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 12, pp. i-iii. Retrieved from <http://ejqr.org/>
- Finlay, L. and Hewitt Evans, J. (2022). The transformative experience of finding a relational home with a psychotherapist, *European Journal for Qualitative Research in Psychotherapy*, 12, 29-46. <https://ejqr.org/index.php/ejqr/article/view/154/106>
- Finlay, L. (2021). Reflexively exploring the ‘therapeutic use of self’: Response to Richard Erskine’s five-chapter case study of
- Allan. *International Journal of Integrative Psychotherapy*, 12, pp.163-191. <https://www.integrativejournal.com/index.php/ijip/article/view/169>
- Finlay, L. (2021). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 11, pp. i-iii. Retrieved from <http://ejqr.org/>
- Finlay, L. (2021). Phenomenological use of self in integrative psychotherapy. *International Journal of Integrative Psychotherapy*, 12, 114-141. <https://www.integrative-journal.com/index.php/ijip/article/view/167>
- Finlay, L. (2021). What makes constitutes a good Thematic Analysis? *European Journal for Qualitative Research in Psychotherapy*, 11, 103-116. <https://ejqr.org/index.php/ejqr/article/view/136/93>
- Ims, R., Lorås, L., Ness, O. and Finlay, L. (2021) Immigrants’ experiences on integration while attempting to access the labour
- market: Implications for social work practice. *Soc. Sci.*, 10(4), 121. <https://doi.org/10.3390/socsci10040121>
- Finlay, L. (2021). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 11(1), pp.i-ii. Retrieved from <http://ejqr.org/>
- Finlay, L. (2020). COVID took my breath away: A personal narrative. *The Humanistic Psychologist*, 48(4), 321–339. <https://doi.org/10.1037/hum0000200>
- Finlay, L. (2020). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 10(1), pp.i-iii. Retrieved from <http://ejqr.org/>
- Finlay, L. (2020). How to write a journal article: Top tips for the novice writer. *European Journal for Qualitative Research in Psychotherapy*, 10(1), 28-40. Retrieved from <https://ejqr.org/index.php/ejqr/article/view/108/65>
- Finlay, L. (2019). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 9(1). Retrieved from <http://ejqr.org/>
- Finlay, L. (2018). Editorial. *European Journal for Qualitative Research in Psychotherapy*, 8(1). Retrieved from <http://ejqr.org/>
- Sommer, M., Finlay, L., Ness, O., Borg, M., & Blank, A. (2019). “Nourishing communion”: A less recognized dimension of support for young persons facing mental health challenges? *The Humanistic Psychologist*, 47(4), 381-403.
- Finlay, L., & McFerran, K.S. (2019). Exploring phenomenon through ‘Reflexive dialogue’. *Qualitative Methods in Psychology Bulletin*, Issue 27, Spring 2019.
- McFerran, K.S., & Finlay, L. (2018). Resistance as a ‘Dance’ between client and therapist. *Body, Movement and Dance in Psychotherapy*, 13(2), 114-127.
- De Santis, M., & Finlay, L. (2018). Therapeutic work in the midst of grief: A literature review. *European Journal of Qualitative Research in Psychotherapy*, 8(1). (Originally accepted for publication in 2015). Retrieved from <http://ejqr.org/>

- Finlay, L. (2016). Clarifying the adult ego state: Toward an integrating integrated 'Adult'. *International Journal of Integrative Psychotherapy*, 7, 60-84.
- Finlay, L. (2016). 'Therapeutic Presence' as embodied, relational 'being'. *International Journal of Psychotherapy*, 20(2).
- Finlay, L. (2017). Championing 'Reflexivities'. Editorial. *Qualitative Psychology* (Special issue on Reflexivity), 4(2), 120-125. Retrieved from <http://psycnet.apa.org/PsycARTICLES/journal/qua/4/2>.
- Smaller, N., & Finlay, L. (2016). Becoming a pilgrim: The lived experience of men becoming therapists following a former career. *Self & Society*, 44(3), 215-225.
- Blank, A., Finlay, L., & Prior, S. (2016). The lived experience of people with mental health and substance misuse problems: Dimensions of belonging. *British Journal of Occupational Therapy*, 79(7), 434-441.
- Finlay, L. (2016). *Being* a therapist-researcher; *Doing* relational-reflexive research. *The Psychotherapist (UKCP)* (Special issue on research & reflexivity), 62.
- Finlay, L. (2015). The experience of 'Entrapped Grief' following traumatic abortion. *International Journal of Integrative Psychotherapy*, 6, 26-53.
- Finlay, L. (2015). Sensing and making sense: Embodying metaphor in relational-centred psychotherapy. *The Humanistic Psychologist*, 43(4), 338-353.
- Finlay, L. (2014). Engaging phenomenological analysis. *Qualitative Research in Psychology*, 11(2), 121-141.
- Finlay, L. (2014). Embodying research. *Person-Centered & Experiential Psychotherapies* (Special issue on 'embodiment' K. Krycka (Ed.)), 13(1), 4-18.
- Finlay, L. (2013). Book review: journeying into qualitative research worlds. *The Humanistic Psychologist*, 41(1), 75-86.
- Finlay, L. (2013). An existential-phenomenological approach to integrative psychotherapy. *British Journal of Psychotherapy Integration*, 9(2) 17-32.
- Finlay, L. (2013). Unfolding the phenomenological research process: Iterative stages of "seeing afresh". *Journal of Humanistic Psychology*, 53(2), 172-201.
- Finlay, L., & Payman, B. (2013). "This rifled and bleeding womb": A reflexive-relational phenomenological case study of traumatic abortion experience. *Janus Head*. (Special issue on 'feminist phenomenology' E. Simms (Ed.)), 13(1), 144-175.
- Finlay, L., & Eatough, V. (2012). Understanding the experience of discovering a kindred spirit connection: A phenomenological study. *Phenomenology & Practice*, 6 (1), 69-88.
- Finlay, L. (2012). 'Writing the pain': Engaging first-person phenomenological accounts. *Indo-Pacific Journal of Phenomenology*, 12, 1-9.
- Finlay, L. (2011). Editorial: Celebrating new voices. *European Journal of Qualitative Research in Psychotherapy*.
- Finlay, L. (2010). Book review: Todres, L. (2007) 'Embodied enquiry: Phenomenological touchstones for research, psychotherapy and spirituality'. *The Humanistic Psychologist*, 38(4), 375-381.
- Finlay, L. (2010). 'Being-with': A phenomenology of relational dimensions within a psychotherapy session. *British Journal of Psychotherapy Integration*, 7(2), 33-48.
- Finlay, L. (2009). Debating phenomenological research methods. *Phenomenology & Practice*. 3, 6-25.
- Finlay, L. (2009). Exploring lived experience: Principles and practice of phenomenological research. *International Journal of Therapy and Rehabilitation*, 16(9), 474-81 (commissioned article).
- Finlay, L. (2009). Reflexively probing relational ethical challenges. *Qualitative Methods in Psychology*, 7, 30-34.
- Finlay, L. (2009). Ambiguous encounters: A relational approach to phenomenological research, *Indo-Pacific Journal of Phenomenology*, 9(1).
- Finlay, L. (2009). Embracing researcher subjectivity in phenomenological research. *European Journal for Qualitative Research in Psychotherapy*, (4).
- Evans, K. & Finlay, L. (2009). To be or not to be...registered: A relational phenomenological exploration of what 'State Registration' means to psychotherapists. *European Journal for Qualitative Research in Psychotherapy*, 4, pp. 4-12. <https://ejqrp.org/index.php/ejqr/article/view/21>
- Finlay, L. (2008). A dance between the reduction and reflexivity: Explicating the "Phenomenological Attitude". *Journal of Phenomenological Psychology*, 39, 1-32.

- King, N., Finlay, L., Smith, J. A., Ashworth, P., Langdridge, D., & Butt, T. (2008). 'Can't really trust that, so what can I trust?': A polyvocal, phenomenological analysis of the psychology of mistrust. *Qualitative Research in Psychology*, 5, 80-102.
- Fitzpatrick, N., & Finlay, L. (2008). 'Frustrating disability': The lived experience of coping with the rehabilitation phase following flexor tendon surgery. *International Journal of Qualitative Studies on Health and Well-being*, 3, 143-154.
- Finlay, L., & Molano-Fisher, P. (2008). 'Transforming' self and world: A phenomenological study of a changing lifeworld following a cochlear implant. *Medicine, Health Care and Philosophy*, 11(1), 255-267 (online version available 2007).
- Robertson, C., & Finlay, L. (2007). Making a difference, teamwork and coping: The meaning of practice in acute physical settings. *British Journal of Occupational Therapy*, 70(02), 73-80.
- Finlay, L. (2006). Dancing between embodied empathy and phenomenological reflection. *Indo-Pacific Journal of Phenomenology*, 6 (August).
- Finlay, L. (2006). 'Rigour', 'ethical integrity' or 'artistry'? Reflexively reviewing criteria for evaluating qualitative research. *British Journal of Occupational Therapy*, 69(7), 319-326.
- Finlay, L. (2006). Editorial. The body beyond the material-discursive divide. *Qualitative Research in Psychology*, 3(1), 1-2.
- Finlay, L. (2006). The body's disclosure in phenomenological research, *Qualitative Research in Psychology*, 3(1), 19-30.
- Finlay, L. (2005). Reflexive embodied empathy: A phenomenology of participant-researcher intersubjectivity. *Methods Issue: The Humanistic Psychologist*, 33(4), 271-292.
- Finlay, L. (2004). From 'gibbering idiot' to 'iceman' – Kenny's story; A critical analysis of an occupational narrative. *British Journal of Occupational Therapy*, 67(11), 474-480.
- Finlay, L. (2004). The intertwining of body, self and world: A phenomenological study of living with recently diagnosed multiple sclerosis. *Journal of Phenomenological Psychology*, 34 (2), 157-178.
- Finlay, L. (2002). "Outing" the researcher: The provenance, process and practice of reflexivity. *Qualitative Health Research*, 12(3), 531-545.
- Finlay, L. (2002). Negotiating the swamp: The opportunity and challenge of reflexivity in research practice. *Qualitative Research*, 2(2), 209-230.
- Finlay, L. (2001). Holism in occupational therapy: Elusive fiction and ambivalent struggle. *The American Journal of Occupational Therapy*, 55(3), 268-278.
- Finlay, L. (2000). Multiple voices, multiple paths: Choosing between qualitative traditions. *The British Journal of Occupational Therapy*.
- Finlay, L. (2000). The OT role: Meanings and motives in an uncertain world. *British Journal of Therapy and Rehabilitation*, 7(3), 124-129.
- Finlay, L. (1999). When actions speak louder: Groupwork in occupational therapy. *Groupwork: An Interdisciplinary Journal for Working with Groups*, 11(3), 19-29.
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Commissioned courses, papers, chapters and Learning Guides produced in association with the Open University

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- Finlay, L. (2007). Learning guide: Qualitative research towards public health. In K311, *Promoting Public Health*. Milton Keynes: The Open University.
- Finlay, L. (2005). *Learning guide on Dual diagnosis*. Pre-registration nursing (Mental Health). Milton Keynes: The Open University.
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Selected Keynotes and Conference/Workshop Presentations since 2006

- **2026** Keynote speech: The challenge of working relationally, UKCP Conference 'Threads across the divide: weaving connections in a fragmented world' – London, June 2026.
- **2025** Relational Psychotherapy: Creatively Integrating Parts of Self - Keynote speech for EAIP/IAPTP "Opening the Door- Inclusivity, Creativity and Neurodiversity in Psychotherapy", Limerick, Ireland, 10th - 12th of October 2025.
- **2025** Refugees experience of loneliness – Keynote speech for UKCP's annual research conference on 7 June 2025 – Connecting with self, others and the environment in a complex world.
- **2023** The transformational experience of finding a 'relational home' with a psychotherapist - Keynote speech, International Integrative Psychotherapy Conference, Bilbao, Spain.
- **2023** Relational Ethics, Workshop, International Integrative Psychotherapy Conference, Bilbao, Spain.
- **2022** Traumatic grief. Public lecture at York University, September 2022. Available to view at: <https://www.griefyork.com/videos.html>.
- **2019** The challenge of relational ethics, Workshop, Manchester Integrative Psychotherapy conference, 15-17 November, 2019.

- **2019** First person plural? Exploring the emergence of 'multiple selves' in existential psychotherapy, Keynote Speech, Annual Conference of *The British Society for Phenomenology*, Manchester, 5-7 September, 2019.
- **2018** Research masterclass 25th April: Embodied relational-reflexive approaches to research, University of Cambridge, UK □ **2017** Embodying research in relational and phenomenological ways – Keynote Speech, Metanoia Institute, Research Academy □ **2016** Creative Transformation through Relational-Centred Research – Keynote speech, Keele University, UK.
- **2015** Celebrating the Curiosity, Authenticity and Generosity at the heart of Relational-Centred Research – Keynote speech, European Association for Integrative Therapy conference, Bucharest, Romania.
- **2015** with Ken Evans and Benna Chase – Keynote dialogue: The nature of the ongoing relationship with deceased loved ones: A collaborative, relational-centred phenomenological dialogue.
- **2015** Masterclass: Mapping phenomenological research methodologies. Metanoia Institute, London.
- **2014** Sensing and making sense: Embodying metaphor in relational-centered psychotherapy - *International Human Science Research Conference*, Nova Scotia, Canada
- **2013** Beyond Words: The silent spaces 'between'- *International Human Science Research Conference*, Denmark.
- **2013** 'Traumatic abortion experience: A reflexive, embodied, relational phenomenology' – Qualitative Methods in Psychology conference, Huddersfield, Sept 2013.
- **2013** Relational-centred research for psychotherapists – Keynote speech, International conference: at Gestalt International Study Center, Cape Cod, USA. April.
- **2012** Traumatic abortion experience: A reflexive, embodied, relational phenomenology – Keynote speech, UKCP Research Conference, London, UK. June.
- **2012** "I'm already torn": A reflexive-relational phenomenology of a traumatic abortion experience – *International Human Science Research Conference (IHSRC)*, Montreal, Canada.
- **2011** The multi-faceted nature of the relationship between psychotherapist and client - BPS Annual conference, Glasgow. May.
- **2011** Exploring the value of phenomenological research – Keynote and Workshop, University of Limerick
- **2010** Being-with: a phenomenology of relational dimension – Keynote speech, *International Human Science Research Conference (IHSRC)*, Seattle University, USA.
- **2009** The lived experience of discovering a kindred spirit connection – IHSRC Molde, Norway.
- **2009** Key note speech: Health care student conference Huddersfield- Relevance, resonance and voice in qualitative research.
- **2008** 'Ambiguous encounters: embracing relational centred research' – IHSRC Ramapo University, New Jersey.
- **2008** 'The intertwining of body and world: Researching the lived experience of disability' - Växjö University, Sweden.
- **2007** 'Transforming existence': the lived experience of adjusting to a bionic ear - *International Human Science Research Conference (IHSRC)*, Rovereto, Italy. June.
- **2006** Reflexive, embodied empathy: a phenomenology of participant-researcher intersubjectivity – School of Psychotherapy and Counselling, Regent's College, UK. March.
- **2006** Masterclass workshop: Reflexivity in Qualitative Research, Centre for Qualitative Research, University of Bournemouth, UK. April.